Subject: Fasting
Posted by Mark L on Sat, 15 Oct 2016 18:40:27 GMT
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Is not this the fast I have chosen?

Yes I know. Just to mention the subject makes your stomach tighten. At least it does mine. The Lord has given me some help and wisdom on the subject and I'd like to share it. Feel free to throw your own thoughts in.

Why Fast?

Isaiah 58/3-9

- to loose the bands of wickedness
- to undo the heavy burdens
- oppressed go free
- break every yoke
- to help others & intercession
- to help your family
- to get healed (speedily)
- to get rid of sin
- to get answers from the Lord
- . . .

All reasons to fast.

Trigger warning!!!!! If you're Gods man (woman) of faith and power don't read the next few posts.

Subject: Re: Fasting
Posted by Mark L on Sat, 15 Oct 2016 18:42:04 GMT
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I want to share something from my own life. Because of the peculiar nature of the call on my life. (which I'm still preparing for) I have done a lot of fasting over the years. I have failed a lot and I have had a lot of success.

Several years ago I was on a fast of more than a couple of days. It was an extremely serious situation. Life and death wouldn't be putting it too strongly. I managed to get halfway through and just couldn't go any further. I simply wasn't capable. So I gave up. Afterward I was utterly

devastated.. I didn't have a clue what I was going to do. It was so serious and I was in utter despair.

Then right down out of heaven here came the mercy and loving kindness of our Lord and heavenly Father. I had a vision. I saw two robot hands. Very strong. They reached out and took hold of each other in an unbreakable grip. The Lord was showing me that I had done half the fast now take a break and then finish the other half and put them together. Which I did and got the answer I was looking for.

Since then there have been times when I was not very strong but needed to fast. So I would fast whatever I could and just put them together.

Sometimes what I do is fast Mon/Wed/ Fri take the weekend off and come back to it the next week. Until I finish. I have done several long fasts this way. And got significant answers. Here is another way I have done it when I was not strong and really needed help or answers. I would eat supper drink my coffee and then start fasting. All evening all night all the next day and finish at supper. Supper to supper in other words. Then put all the days together.

Subject: Re: Fasting
Posted by Mark L on Sat, 15 Oct 2016 18:42:46 GMT
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Using all of the above I have gotten healing deliverance answers help intercession etc.
I know we should all be strong full of faith and the Holy Spirit able to overcome anything but sometimes people just need help. If that is you then do what I did. Start with whatever you can do. Put them together and be faithful with it and the Lord will meet you.
Super spiritual people (I don't know anyone like that here) will look down their nose at you but the truly spiritual will just cheer you on. The Lord will certainly cheer you on. He deeply aches to be able to help us.

Bosworth (wrote a good book on healing) said (Paraphrasing here) Picture someone picking up the Pacific ocean and holding it up in the air with all that weight straining to get back down to where it came out of. That is how much God wants to help and heal and deliver us.

I have gotten deliverance healing help for my family serious answers intercession all by fasting this way. I mean fasting a day or part day and put together. It works! Don't let the devil stop you. Just do it and get the answer you're looking for. If I'm fasting for healing I generally finish with communion.

Diabetes / cancer / migraine headaches ./ high blood pressure / alcoholism / addictions /

homosexuality are all demonic. Sometimes there are other causes of course. High blood pressure and diabetes can be diet related. It is very helpful if you're dealing with what you think is a problem caused by a spirit to find out where it got into your life. They are much easier to deal with if you close the door.

This may be very basic but . . . as Oral Roberts said. â€œThere is no distance in prayerâ€• I have fasted for others and reached out by faith and came against the devil in their life and they got free. And they didn't even know it.

I have found in my life that generally speaking that if it is any kind of a deliverance issue I go 4 days. Healing probably 3. But be led of the Lord. There is no condemnation for those reaching out to the Lord. He will meet you where you are at and help you. Don't let the devil condemn you because you're not as strong as someone else or maybe where we all should be.

Hope that helps someone. It certainly helps me.

Subject: Re: Fasting
Posted by Mark L on Sun, 16 Oct 2016 03:02:44 GMT
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I put this on a post on the bulletin board but this is a good place to put it as well.

Homosexuality (male or female) is caused by a spirit (demon). They find an open door in someones life who has father issues. Deep hurts caused by fathers. More rarely there is a strong demon who gets into someones life and just overpowers them (over time) and forces their will on them until they just finally give up.

My personal opinion on the whole issue is this. In the church we set membership. Outside the church in the world they can live the same as the rest of us. They are still people who just want to live the same way the rest of us do. Even if do I think it is weird strange odd unhealthy and queer. I guess my point is out in society we should just leave them alone. I just wish they would get out of the headlines.

Subject: Re: Fasting
Posted by Gary on Sun, 16 Oct 2016 12:32:13 GMT
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Mark L wrote on Sat, 15 October 2016 23:02I put this on a post on the bulletin board but this is a good place to put it as well.

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I often think about that scripture concerning a seared conscience. Is this something with their spirit that has been affected. Don't know the answer but I am curious to what is meant.

I work with a gay guy who is married to another man. He does not seem gay at all when talking with him. He goes to some church but he told me he does not like to hear the name of Jesus.

I think true Christians should treat everyone in the world with respect its just that we don't hate them but they hate us because of what we hold to in the word. The word condemns sin and this makes us a target because we agree with what God says. The word does make excuses for sin. But provides a way of escape through the shed Blood of Jesus at Calvary.

The world hates the Jews because of the word and they hate Christians because of the word. Its odd that the world supports buddhism, and hinduism, and any cult following a false god. But they fail to see the truth. Their blind to reality.

We have much to be thankful for since Jesus opened our eyes.

Gary