
Subject: In a Twixt

Posted by [Mark L](#) on Wed, 25 Nov 2020 16:04:05 GMT

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I have a moral dilemma here. It's a Christmas issue. I solved the Christmas problem yrs ago but I had a recent issue I had to solve.

The problem is that I like eggnog and at least in southern Ontario the commercial stuff is only available at this time of year. Because after all its a Christmas drink.

So I thought I would post my solution to help anyone else with the same problem. Hat tip here to Bro Freeman who had a similar problem with peanut butter.

I figure the more eggnog I drink the less there is for the heathen to add alcohol to and carouse with in their christmas parties.

Problem solved!!! Hope this helps.

Now that I think about it I'm going to apply the same solution to finding good quality dark damp spicy fruit (xmas) cake.

Subject: Re: In a Twixt

Posted by [william](#) on Wed, 25 Nov 2020 17:08:20 GMT

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I like the strategy. I use a similar strategy concerning the chocolate easter bunnies (after easter sale!)... I like to destroy those idols by biting the heads off... one by one!

Subject: Re: In a Twixt

Posted by [Mark L](#) on Wed, 25 Nov 2020 17:19:46 GMT

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Heh. the Lord gives wisdom. James 1. I draw the line at Halloween candy though.

By the way. . . If anyone reading this makes a good dark flavourful fruit cake. Send me some. I'll pay for shipping. :)

Subject: Re: In a Twixt

Posted by [james](#) on Thu, 03 Dec 2020 19:32:00 GMT

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Mark, I know you're having some fun with this but what's the difference between dark cake and say, light cake? Just wondering, I don't have much of a sweet tooth but I do remember fruit cake my grandmother made that was extremely dense with candied fruits and soaked in rum. Wouldn't mind a slice of that with a mug of coffee, or a glass of eggnog.

I can't think of anything I won't eat as results of thinking it's Biblically off limits. But boy oh boy, were many of us up bound by this about 40 years ago. (who in the world would eat a shrimp, they look like a grub worm... and poof! No more shrimp for about 75% of the FA circle...HEF)

Subject: Re: In a Twixt

Posted by [Mark L](#) on Fri, 04 Dec 2020 03:10:17 GMT

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Dark cake and light cake! I guess I've never had a moist light cake. (Anyone reading this feel free to send me some)I like that strong rum taste as well although I can't stand alcohol. I going to take a tour around some bakeries I think this week.

The problem with being on a diet at Christmas :) Which I am and I'm down 10 lbs. So I'm confining myself to one quart (well liter as this is Canada) of eggnog a week. I'm still going to find some fruit cake though.

My MIL used to make dark spicy and moist but she's in a long-term care home now so its looking for a bakery.

Subject: Re: In a Twixt

Posted by [james](#) on Fri, 04 Dec 2020 15:42:45 GMT

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Mark L wrote on Wed, 25 November 2020 17:19Heh. the Lord gives wisdom. James 1. I draw the line at Halloween candy though.

By the way. . . If anyone reading this makes a good dark flavourful fruit cake. Send me some. I'll pay for shipping. :)

What's the difference between a Snickers bar on October 31 and a Snickers bar on November 1?

I am blessed with a faster than average metabolism so going on diets aren't part of my lifestyle,

but I know plenty of people who fight weight gain most of their lives. I do believe this, dropping sweets out of the equation would make weight control much easier, plus for the most part, sweets aren't very healthy for the big picture. of course, moderation is the word, a slice of cake won't turn you into a obese person...but the habit of eating it regularly could.

Again, thanks for the prayers,

Have a MERRY.....

day! lol