Subject: Ancient Art helps students?
Posted by Gary on Sun, 08 May 2016 13:01:09 GMT
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I noticed they do not elaborate on where the Ancient Art came from.

http://wthitv.com/2016/05/08/ancient-art-helps-students-keep -calm-in-class/

This sounds like it comes directly out of Hinduism, where they concentrate on their breathing.

Remove prayer and discipline from our school systems and bring in Hinduism. This is sad!

Gary